

A Lust For Life
Annual Report and Financial Statements
for the financial year ended 30 June 2019

A Lust For Life CONTENTS

	Page
Directors and Other Information	3
Directors' Report	4 - 5
Directors' Responsibilities Statement	6
Independent Auditor's Report	7 - 8
Appendix to the Independent Auditor's Report	9
Income and Expenditure Account	10
Balance Sheet	11
Reconciliation of Members' Funds	12
Cash Flow Statement	13
Notes to the Financial Statements	14 - 16
Supplementary Information on Trading Statement	18 - 19

A Lust For Life DIRECTORS AND OTHER INFORMATION

Directors

Niall Breslin
Kate Gaynor
Sinead McSweeney
Colm McCormack
Niamh Coyne
William Eddie Murphy (Appointed 26 July 2018)
Paula McLoughlin

Company Secretary

Niamh Coyne (Appointed 25 April 2019)
Niall Breslin (Resigned 25 April 2019)

Company Number

559049

Charity Number

20157913

Registered Office and Business Address

Canal House
26 Grove Island
Corbally
Limerick
Ireland

Auditors

WalshGibbons
Certified Public Accountants
Belfryee House
3A St. Brendans Avenue
Artane
Dublin 5
Ireland

Bankers

AIB
1 Lower Baggot Street
Dublin 2

A Lust For Life DIRECTORS' REPORT

for the financial year ended 30 June 2019

The directors present their report and the audited financial statements for the financial year ended 30 June 2019.

Principal Activity and Review of the Business

The principal activity of the company are to promote and advance humanity, health and wellbeing in the community and to educate and provide training to the community about such issues.

The organisation has been granted charitable tax exemption status under Sections 207 and 208 of the Taxes Consolidation Act 1997, Charity No CHY 21993 and is registered with the Charities Regulatory Authority.

The Company is limited by guarantee not having a share capital. There were previously two issued shares but the company purchased its own shares on 23rd March 2017. The shares were cancelled after the purchase.

There has been no significant change in these activities during the financial year ended 30 June 2019.

Financial Results

The surplus/(deficit) for the financial year amounted to €174,765 (2018 - €(17,546)).

At the end of the financial year, the company has assets of €177,354 (2018 - €6,926) and liabilities of €26,103 (2018 - €30,440). The net liabilities of the company have decreased by €174,765.

Directors and Secretary

The directors who served throughout the financial year, except as noted, were as follows:

Niall Breslin
Kate Gaynor
Sinead McSweeney
Colm McCormack
Niamh Coyne
William Eddie Murphy (Appointed 26 July 2018)
Paula McLoughlin

The secretaries who served during the financial year were:

Niamh Coyne (Appointed 25 April 2019)
Niall Breslin (Resigned 25 April 2019)

The directors had no direct beneficial interest in the shares of the company at the beginning or end of the financial year.

There were no changes in shareholdings between 30 June 2019 and the date of signing the financial statements.

In accordance with the Articles of Association, the directors retire by rotation and, being eligible, offer themselves for re-election.

Future Developments

The company plans to continue its present activities and current trading levels.

Auditors

The auditors, WalshGibbons, (Certified Public Accountants) have indicated their willingness to continue in office in accordance with the provisions of section 383(2) of the Companies Act 2014.

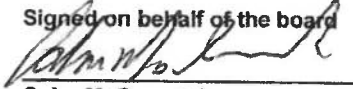
A Lust For Life
DIRECTORS' REPORT

for the financial year ended 30 June 2019

Accounting Records

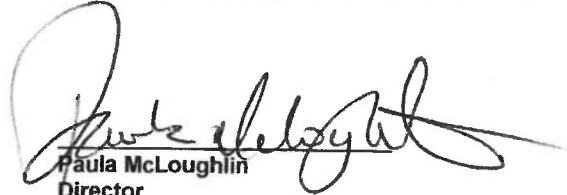
To ensure that adequate accounting records are kept in accordance with sections 281 to 285 of the Companies Act 2014, the directors have contracted the services of a LBM Accountants and have maintained appropriate computerised accounting systems. The accounting records are maintained at the company's office at Canal House, 26 Grove Island, Corbally, Limerick.

Signed on behalf of the board



Colm McCormack
Director

Date: 26/06/2020



Paula McLoughlin
Director

Date: 26/6/20

A Lust For Life

DIRECTORS' RESPONSIBILITIES STATEMENT

for the financial year ended 30 June 2019

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the surplus or deficit of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be readily and properly audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the board



Colm McCormack
Director

Date: 26/6/20



Paula McLoughlin
Director

Date: 26/6/20

INDEPENDENT AUDITOR'S REPORT

to the Members of A Lust For Life

Report on the audit of the financial statements

Opinion

We have audited the financial statements of A Lust For Life ('the company') for the financial year ended 30 June 2019 which comprise the Income and Expenditure Account, the Balance Sheet, the Reconciliation of Members' Funds, the Cash Flow Statement and the related notes to the financial statements, including a summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 30 June 2019 and of its surplus for the financial year then ended;
- have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and the Provisions Available for Audits of Small Entities, in the circumstances set out in note 4 to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which ISAs (Ireland) require us to report to you where:

- the directors' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the directors have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other Information

The directors are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2014

Based solely on the work undertaken in the course of the audit, we report that:

- in our opinion, the information given in the Directors' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- in our opinion, the Directors' Report has been prepared in accordance with the Companies Act 2014.

We have obtained all the information and explanations which we consider necessary for the purposes of our audit. In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited. The financial statements are in agreement with the accounting records.

Matters on which we are required to report by exception

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the Directors' Report. The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.

INDEPENDENT AUDITOR'S REPORT

to the Members of A Lust For Life

Respective responsibilities

Responsibilities of directors for the financial statements

As explained more fully in the Directors' Responsibilities Statement, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operation, or has no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

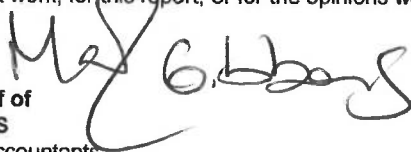
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is contained in the appendix to this report, located at page 9, which is to be read as an integral part of our report.

The purpose of our audit work and to whom we owe our responsibilities

Our report is made solely to the company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume any responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.

Mark Gibbons
for and on behalf of
WALSHGIBBONS
Certified Public Accountants
Belfryee House
3A St. Brendans Avenue
Artane
Dublin 5
Ireland



Date: 26/06/20

A Lust For Life

APPENDIX TO THE INDEPENDENT AUDITOR'S REPORT

Further information regarding the scope of our responsibilities as auditor

As part of an audit in accordance with ISAs (Ireland), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

A Lust For Life
INCOME AND EXPENDITURE ACCOUNT

for the financial year ended 30 June 2019

	Notes	2019 €	2018 €
Income		349,533	122,151
Expenditure		(173,644)	(139,697)
Surplus/(deficit) before interest		175,889	(17,546)
Interest payable and similar expenses	5	(1,124)	-
Surplus/(deficit) for the financial year		174,765	(17,546)
Total comprehensive income		174,765	(17,546)

Approved by the board on

26/6/20

and signed on its behalf by:


 Colm McCormack
 Director


 Paula McLoughlin
 Director

A Lust For Life
BALANCE SHEET

as at 30 June 2019

	Notes	2019 €	2018 €
Current Assets			
Debtors	7	7,773	6,926
Cash and cash equivalents		169,581	-
		<u>177,354</u>	<u>6,926</u>
Creditors: Amounts falling due within one year	8	<u>(26,103)</u>	<u>(30,440)</u>
Net Current Assets/(Liabilities)		<u>151,251</u>	<u>(23,514)</u>
Total Assets less Current Liabilities		<u>151,251</u>	<u>(23,514)</u>
Reserves			
Called up share capital presented as equity		-	-
Income and expenditure account		151,251	(23,514)
Equity attributable to owners of the company		<u>151,251</u>	<u>(23,514)</u>

The financial statements have been prepared in accordance with the small companies' regime.

Approved by the board on 26/6/20 and signed on its behalf by:


 Colm McCormack
 Director


 Paula McLoughlin
 Director

A Lust For Life
RECONCILIATION OF MEMBERS' FUNDS
as at 30 June 2019

	Retained surplus/ (deficit) €	Total €
At 1 July 2017	(5,968)	(5,968)
Deficit for the financial year	(17,546)	(17,546)
At 30 June 2018	(23,514)	(23,514)
Surplus for the financial year	174,765	174,765
At 30 June 2019	151,251	151,251

A Lust For Life
CASH FLOW STATEMENT

for the financial year ended 30 June 2019

	Notes	2019 €	2018 €
Cash flows from operating activities			
Surplus/(deficit) for the financial year		174,765	(17,546)
Adjustments for:			
Interest payable and similar expenses		1,124	-
		<u>175,889</u>	<u>(17,546)</u>
Movements in working capital:			
Movement in debtors		(847)	11,092
Movement in creditors		7,309	(7,649)
		<u>182,351</u>	<u>(14,103)</u>
Cash generated from/(used in) operations		182,351	(14,103)
Interest paid		(1,124)	-
		<u>181,227</u>	<u>(14,103)</u>
Net cash generated from/(used in) operating activities		181,227	(14,103)
		<u>181,227</u>	<u>(14,103)</u>
Net increase/(decrease) in cash and cash equivalents		181,227	(14,103)
Cash and cash equivalents at beginning of financial year		(11,701)	2,402
		<u>169,526</u>	<u>(11,701)</u>
Cash and cash equivalents at end of financial year	13	169,526	(11,701)

A Lust For Life

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 30 June 2019

1. GENERAL INFORMATION

A Lust For Life is a company limited by guarantee incorporated in the Republic of Ireland. Canal House, 26 Grove Island, Corbally, Limerick, Ireland is the registered office, which is also the principal place of business of the company. The nature of the company's operations and its principal activities are set out in the Directors' Report. The financial statements have been presented in Euro (€) which is also the functional currency of the company.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Statement of compliance

The financial statements of the company for the year ended 30 June 2019 have been prepared on the going concern basis and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (FRS 102).

Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention except for certain properties and financial instruments that are measured at revalued amounts or fair values, as explained in the accounting policies below. Historical cost is generally based on the fair value of the consideration given in exchange for assets. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council.

The company qualifies as a small company as defined by section 280A of the Companies Act 2014 in respect of the financial year, and has applied the rules of the 'Small Companies Regime' in accordance with section 280C of the Companies Act 2014.

Income

Turnover comprises the invoice value of goods and services supplied by the company, exclusive of trade discounts and value added tax.

Trade and other debtors

Trade and other debtors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method less impairment losses for bad and doubtful debts except where the effect of discounting would be immaterial. In such cases the receivables are stated at cost less impairment losses for bad and doubtful debts.

Trade and other creditors

Trade and other creditors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest rate method, unless the effect of discounting would be immaterial, in which case they are stated at cost.

Taxation

The organisation has been granted charitable tax exemption status under Sections 207 and 208 of the Taxes Consolidation Act 1997.

3. DEPARTURE FROM COMPANIES ACT 2014 PRESENTATION

The directors have elected to present an Income and Expenditure Account instead of a Profit and Loss Account in these financial statements as this company is a not-for-profit entity.

4. PROVISIONS AVAILABLE FOR AUDITS OF SMALL ENTITIES

In common with many other businesses of our size and nature, we use our auditors to prepare and submit tax returns to the Revenue and to assist with the preparation of the financial statements.

5. INTEREST PAYABLE AND SIMILAR EXPENSES

	2019	2018
	€	€
Interest	1,124	-

A Lust For Life
NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 30 June 2019

continued

6. EMPLOYEES

The average monthly number of employees, including directors, during the financial year was 1|0, (2018 - 0).

	2019	2018
	Number	Number
Employees	<u>1</u>	<u>-</u>

7. DEBTORS

	2019	2018
	€	€
Trade debtors	6,173	3,042
Other debtors	1,600	1,600
Taxation	-	2,284
	<u>7,773</u>	<u>6,926</u>

8. CREDITORS

Amounts falling due within one year

	2019	2018
	€	€
Amounts owed to credit institutions	55	11,701
Trade creditors	4,365	(20)
Taxation	2,585	-
Other creditors	16,899	16,899
Accruals	2,199	1,860
	<u>26,103</u>	<u>30,440</u>

9. STATUS

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and of the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding € 2.

10. CAPITAL COMMITMENTS

The company had no material capital commitments at the financial year-ended 30 June 2019.

11. RELATED PARTY TRANSACTIONS

In the financial period ended 30th June 2019 the following transactions occurred:

Sinead McSweeney, a director, gave a loan of €10,000 to A Lust for Life and was subsequently paid back during the year end to 30th June 2019.

12. POST-BALANCE SHEET EVENTS

Since the World Health Organisation declared COVID 19 as a pandemic, the government has taken stringent steps in order to try and delay/spread of the virus. These actions taken by the government in response to the spread of COVID 19 create a level of uncertainty for the entity and risk that the company has not encountered before. It is impossible at this stage to predict the impact that COVID 19 will have on the entity. However, the director's are confident of the on going success of the entity in the future.

A Lust For Life
NOTES TO THE FINANCIAL STATEMENTS
for the financial year ended 30 June 2019

continued

13. CASH AND CASH EQUIVALENTS	2019	2018
	€	€
Cash and bank balances	169,581	-
Bank overdrafts	(55)	(11,701)
	<u>169,526</u>	<u>(11,701)</u>

14. APPROVAL OF FINANCIAL STATEMENTS

The financial statements were approved and authorised for issue by the board of directors on

26/6/2020

A LUST FOR LIFE

SUPPLEMENTARY INFORMATION

RELATING TO THE FINANCIAL STATEMENTS

FOR THE FINANCIAL YEAR ENDED 30 JUNE 2019

NOT COVERED BY THE REPORT OF THE AUDITORS

THE FOLLOWING PAGES DO NOT FORM PART OF THE AUDITED FINANCIAL STATEMENTS

A Lust For Life
SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS
TRADING STATEMENT
for the financial year ended 30 June 2019

	Schedule	2019 €	2018 €
Income		<u>349,533</u>	<u>122,151</u>
Gross surplus Percentage		<u>100.0%</u>	<u>100.0%</u>
Overhead expenses	1	<u>(174,768)</u>	<u>(139,697)</u>
Net surplus/(deficit)		<u><u>174,765</u></u>	<u><u>(17,546)</u></u>

A Lust For Life
SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS
SCHEDULE 1 : OVERHEAD EXPENSES
for the financial year ended 30 June 2019

	2019	2018
	€	€
Administration Expenses		
Wages and salaries	28,686	-
Social welfare costs	3,141	-
Project - Future Flix	2,989	-
Insurance	877	334
Computer bureau costs	539	-
Printing, postage and stationery	2,051	14,382
Wall of sound, electric picnic project management costs	-	14,546
Advertising	27,000	27,036
Telephone	272	-
Travelling and entertainment	3,841	2,645
Legal and professional	-	4,002
Consultancy fees	86,410	68,135
Accountancy	9,550	5,855
Bank charges	943	609
Bad debts	3,042	-
General expenses	2,115	289
Subscriptions	806	664
Auditor's remuneration	1,382	1,200
	<u>173,644</u>	<u>139,697</u>
Finance		
Interest paid on overdue taxation	1,124	-
	<u>174,768</u>	<u>139,697</u>